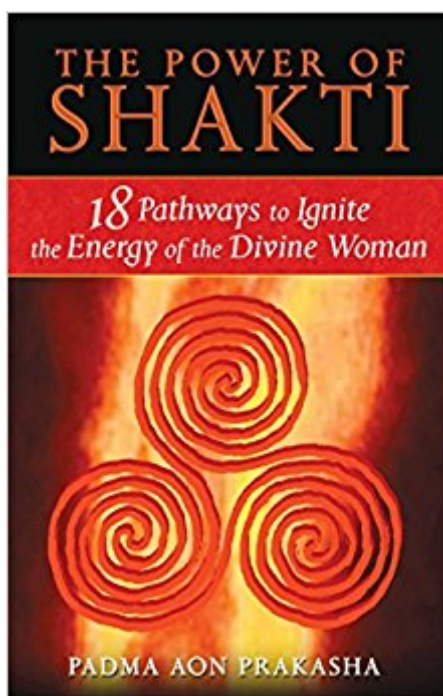


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# The Power Of Shakti: 18 Pathways To Ignite The Energy Of The Divine Woman



## Synopsis

Transformational wisdom designed for both women and men to access and enhance the inner power of the Divine

- Reveals how to activate your sacred sexual self and find your soul mission
- Shows how to access the wisdom of the Galactic Center
- Explains why men need the Shakti Circuit to connect with the Divine Masculine

Shakti is the Divine life force that ceaselessly manifests, creates, and activates. Igniting this living power within is the key for both men and women to transform themselves and attain union, harmony, and peace. The fluid intelligence of Shakti enflames, empowers, and awakens, igniting life force, joy, and organic wisdom within. Uniting the forms of Tantra Yoga found in Indian, Tibetan, and Aramaic sacred traditions, Padma Aon Prakasha reveals how to activate the power of Shakti by opening the 18 energetic pathways of the Shakti Circuit. The Circuit begins with galactic energy entering the body at the Alta Major chakra, located at the back of the head. Traveling down the pillar of the spine through the root chakra, the Circuit passes through the Seven Gates of the Womb-Grail to link the sacred sexual center and the heart center. From the heart, the energy completes the Circuit by traveling to the third eye and back to the Alta Major starting point to reveal the All-seeing eye. Centered on the womb in women and the hara in men, the Shakti Circuit links the soul, body-mind, emotions, and chakras to the power and loving wisdom of the Galactic Center. The Power of Shakti includes the insights and experiences of both men and women as they activate the power of Shakti and shows that clearing all 18 pathways of the Shakti Circuit enables us to activate our sacred sexual self and find our soul mission.

## Book Information

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## Customer Reviews

“A new generation of evolutionary guides is emerging. I recommend Padma Prakasha as a genuine spiritual coach who can help to transmute what stands in the way of your awakening. His work holds the light and power of change and deep transformation, a sort of ‘cosmic’ readjustment that speeds up a person’s evolutionary process.” (Margot Anand, author of *The Art of Sexual Ecstasy*)

“An excellent sourcebook for both women and men, every page of *The Power of Shakti* provides new insight into the rich, vibrant energy of the Divine Feminine. It offers a profound pathway to understanding the power and potency of this essential feminine current as it flows through the sacred temple of the physical body, linking us to the Galactic Center. In these shifting times of planetary transformation, this book assists us in rediscovering our intimate connection to nature, the earth, and the cosmos.” (Sharron Rose, author of *The Path of the Priestess* and film producer of 2012 *The Odyssey* and *Timewave*)

“*The Power of Shakti* is revolutionary and is bound to open the gates that have kept us from our true power as both men and women. It taps in to the heart of the ancient mysteries and articulates their modern-day message to we humans. Reading this material or attending Padma Prakasha’s seminars will rock your world.” (Linda Star Wolf, author of *Shamanic Breathwork* and coauthor of *Shamanic Mysteries of Egypt: Awakening*)

“*The Power of Shakti* will revitalize your life by revealing the patterns of energy that flow between the physical body and the galactic universe. Equally esoteric and practical, it offers illuminating insight into holistic health through scholarly understanding of the body’s dynamic light field. The author’s profound integrity, knowledge, and experience enrich every page. This is not an ordinary book; it is unique, provocative, and fresh.” (Isha Lerner, author of *The Triple Goddess Tarot* and *Inner Child Cards*)” . . . it’s women who will find this most powerful, and new age collections that will benefit from its wisdom and spiritual teachings.” (The Midwest Book Review, Oct 2009)

**NEW AGE / SELF-TRANSFORMATION** “A new generation of evolutionary guides is emerging. I recommend Padma Prakasha as a genuine spiritual coach who can help to transmute what stands in the way of your awakening. His work holds the light and power of change and deep transformation, a sort of ‘cosmic’ readjustment that speeds up a person’s evolutionary process.” --Margot Anand, author of *The Art of Sexual Ecstasy*

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This is a very unique book, offering spiritual teachings and techniques related to the feminine womb energy center, corresponding to the 2nd/sacral chakra in many chakra mappings. These teachings are drawn from traditional Tantra teachings - there are Tantra teachings in both Tibetan Buddhist and Hindu yogic traditions. However, in this book they are offered directly to the reader, outside of a lineage or initiation hierarchy, as they would normally be as taught in those traditions. I have studied these traditions, and as far as I know, this is the first book to offer these teachings in this depth in a book such as this. The author felt that it was time for this material to be made available, and that doing so is part of a larger spiritual shift going on in the world (which personally I agree with.) The teachings draw on chakra meditation, mantra and visualization work, other inner energy work, and sacred sexuality. Many of the latter teachings are meant to be practiced with a sexual partner, but there is also plenty of material here that does not require that. Although above I said this work is accessible, I meant compared to the traditional Tantric yogic and Buddhist texts I have read, which are highly symbolic and hard to follow without formal instruction. I think this book would still be a bit tough for someone to follow who had never been exposed to any energy work or mappings at all, i.e. chakras, mantra work, etc. The philosophical framework and language of this book would probably be classified 'new age', so that may not appeal to some people. But I highly recommend getting over that, because I think this book has a lot to offer, and has a powerful empowerment

behind it too. For those interesting in chakras, energy work of any type, and/or feminine spirituality, I highly recommend!

As with all book and information designed to provide understanding and wisdom you must decide how appropriate the content is for you. I rated this book as great because of its structure. It is easy to access specific information, it also so speaks on multiple levels so as you expand your understanding you can refer back to receive a new and different interpretation of the same material. My opinion of this book is irrelevant. My understanding of this book's relevance and purpose has me recommending it as a great guide.

A MUST read for every woman...and man who wants to integrate his suppressed feminine. Each and every book Padma has wrote and I have read this far, has been EXACTLY what I was waiting to read and learn. Every other Tantric book is a waste of time and money....at least the ones I have read. This is True Tantra and exactly as it was ment for humanity. Sacred, honorable, and with humility.

This will change you! I so resonate with these words. Exercises are simple and profound.

Love this book, great readings for yoga class.

Best book on the meaning and purpose of Shakti I have ever read. Clear and on point, the author opens the most complex concepts for us. Thank you!

Incredibly in love with being a women.

I tried reading this, but it was beyond me. I didn't find that the author was able to speak to me.

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